



BELLAIRE AT DEVONSHIRE



5 Bexley Drive • Scott Depot, WV 25560 • (304) 760-5290

Remember When: Party Lines

Up until the 1950s, many homes had a party line, a telephone line shared among several households. Each home was assigned a unique ring pattern so that residents could determine if an incoming call was intended for their house. Those with party lines quickly learned that conversations weren't always private, since anyone could pick up their phone and listen in on someone else's call.

Winter Hydration

Staying hydrated is important year-round. If drinking ice water doesn't sound appealing in the winter months, replenish your body with soups, herbal teas, decaffeinated beverages, and fruits and vegetables.

'Tender' Tune

Celebrate Elvis Presley's birthday on Jan. 8 with a look back at his movie debut in 1956's "Love Me Tender." His biggest box-office hit, the film also gave Presley a No. 1 single, the title song, which had 1 million advance orders, making it a gold record before it was released.



January Birthdays

Zeta Young	1/10
Bob Foster	1/15
Anne McCormic	1/21
Lula Chenoweth	1/27
Anne Jarrell	1/27

January 2019



Perk Up With a Cup

An estimated 1.6 billion cups of coffee are consumed worldwide each day. Along with the taste, a cup of joe is a favorite for the caffeine buzz it produces. This natural stimulant gets the body's central nervous system percolating within about 15 minutes, and the effects can last up to six hours. Coffee has also been shown to boost mood and memory.



Famous Firsts: MLK Jr. Day

On Jan. 20, 1986, the first Martin Luther King Jr. Day federal holiday was observed. Efforts began in 1968 to establish a nationwide commemoration of the Jan. 15 birthday of the American civil rights leader. In the spirit of King's belief that "Everybody can be great because everybody can serve," the holiday was expanded to a day of community service in 1994.



“This Month In History” JANUARY

1906: The sport of football is forever changed when a new game rule makes the forward pass a legal play.

1912: New Mexico joins the union as the 47th state.

1924: The first Winter Olympics are held in Chamonix, France.

1943: Franklin D. Roosevelt becomes the first U.S. president to travel by airplane while in office. He flew to Morocco to meet with

British Prime Minister Winston Churchill.

1955: Singer Marian Anderson takes the stage at the Metropolitan Opera in New York City. She was the first African-American to perform a leading role with the company.

1968: Country music star Johnny Cash records a live album by playing two concerts at California’s Folsom State Prison.

1972: U.S. President Richard M. Nixon orders the development of a “new type of space transportation system,” the space shuttle program.

1986: The first national Martin Luther King Jr. holiday is observed.

1994: A magnitude 6.7 earthquake strikes the San Fernando Valley region of Los Angeles.

2000: Celebrations worldwide mark the turn of the new millennium.

2011: Wikipedia, a popular internet encyclopedia, celebrates its 10th anniversary.

2015: At age 17, Lydia Ko of New Zealand becomes the youngest golfer in history to be ranked No. 1 in the world.