





January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*activities are subject to change*	Each activity will be held in each neighborhood (AL1-AL4). Please be patient as we complete activities on each floor. We will come get you when it is your neighborhoods turn. Times will/may vary on each floor.			New Year's Day 10:00 MINI SPA DAY-hands & face only 1:30 CHAIR EXERCISE 2:00 POPCORN CART 3:00 ROOM VISITS 1:1	9:30 BINGO/ Winners entered for monthly drawing 1:00 CHAIR YOGA 1:30 PUFF & POLISH 3:00 HYDRATION/SNACK CART 6:00 EVENING CARD GAMES (resident led)
9:00 CHURCH SERVICE (LIVE STREAM) 1:00 CARD MAKING-LOVE FOR THE ELDERLY 2:00 CHAIR YOGA 6:00 MOVIE OF THE WEEK	9:30 BINGO - PRIZE CART 1:30 THE PRICE IS RIGHT 2:30 COOKING CLUB-APPLE SLICE COOKIES 3:00 NOODLE BALL	10:00 DONUT DISCUSSION 11:00 CHAIR EXERCISE 1:00 MOVIE OF THE WEEK 3:00 MINUTE TO WIN IT	9:30 BINGO/ PRIZE CART 1:00 CRAFT CORNER 2:00 CHAIR EXERCISE 2:30 SNACK CART 3:00 ROOM VISITS 1:1	10:00 CHAIR ZUMBA w/RACHEL 2:00 HAPPY HOUR 3:00 BOARD GAMES 6:00 EVENING PUZZLES	10:00 MINI SPA DAY-hands & face only 1:30 CHAIR EXERCISE 2:00 POPCORN CART 3:00 ROOM VISITS 1:1	9:30 BINGO/ Winners entered for monthly drawing 1:00 CHAIR YOGA 1:30 PUFF & POLISH 3:00 HYDRATION/SNACK CART 6:00 EVENING CARD GAMES (resident led)
9:00 CHURCH SERVICE (LIVE STREAM) 1:00 CARD MAKING-LOVE FOR THE ELDERLY 2:00 CHAIR YOGA 6:00 MOVIE OF THE WEEK	9:30 BINGO - PRIZE CART 1:30 THE PRICE IS RIGHT 2:30 COOKING CLUB-DECORATE CUPCAKES 3:00 NOODLE BALL	10:00 DONUT DISCUSSION 11:00 CHAIR EXERCISE 1:00 MOVIE OF THE WEEK 3:00 MINUTE TO WIN IT	9:30 BINGO/ PRIZE CART 1:00 CRAFT CORNER 2:00 CHAIR EXERCISE 2:30 SNACK CART 3:00 ROOM VISITS 1:1	10:00 CHAIR ZUMBA w/RACHEL 2:00 HAPPY HOUR 3:00 BOARD GAMES 6:00 EVENING PUZZLES	10:00 MINI SPA DAY-hands & face only 1:30 CHAIR EXERCISE 2:00 POPCORN CART 3:00 ROOM VISITS 1:1	9:30 BINGO/ Winners entered for monthly drawing 1:00 CHAIR YOGA 1:30 PUFF & POLISH 3:00 HYDRATION/SNACK CART 6:00 EVENING CARD GAMES (resident led)
9:00 CHURCH SERVICE (LIVE STREAM) 1:00 CARD MAKING-LOVE FOR THE ELDERLY 2:00 CHAIR YOGA 6:00 MOVIE OF THE WEEK	Martin Luther King Jr. Day 9:30 BINGO - PRIZE CART 1:30 THE PRICE IS RIGHT 2:30 COOKING CLUB-NO BAKE RAINBOW BITES 3:00 NOODLE BALL	National Popcorn Day 10:00 DONUT DISCUSSION 11:00 CHAIR EXERCISE 1:00 MOVIE OF THE WEEK 3:00 MINUTE TO WIN IT	9:30 BINGO/ PRIZE CART 1:00 CRAFT CORNER 2:00 CHAIR EXERCISE 2:30 SNACK CART 3:00 ROOM VISITS 1:1	10:00 CHAIR ZUMBA w/RACHEL 2:00 HAPPY HOUR 3:00 BOARD GAMES 6:00 EVENING PUZZLES	10:00 MINI SPA DAY-hands & face only 1:30 CHAIR EXERCISE 2:00 POPCORN CART 3:00 ROOM VISITS 1:1	9:30 BINGO/ Winners entered for monthly drawing 1:00 CHAIR YOGA 1:30 PUFF & POLISH 3:00 HYDRATION/SNACK CART 6:00 EVENING CARD GAMES (resident led)
9:00 CHURCH SERVICE (LIVE STREAM) 1:00 CARD MAKING-LOVE FOR THE ELDERLY 2:00 CHAIR YOGA 6:00 MOVIE OF THE WEEK	9:30 BINGO - PRIZE CART 1:30 THE PRICE IS RIGHT 2:30 COOKING CLUB-NO BAKE MONSTER COOKIE TREATS 3:00 NOODLE BALL	10:00 DONUT DISCUSSION 11:00 CHAIR EXERCISE 1:00 MOVIE OF THE WEEK 3:00 MINUTE TO WIN IT 3:30 RESIDENT COUNCIL	9:30 BINGO/ PRIZE CART 10:00 SPA DAY 2:00 CHAIR EXERCISE 2:30 SNACK CART 3:00 ROOM VISITS 1:1	10:00 CHAIR ZUMBA w/RACHEL 2:00 HAPPY HOUR/BIRTHDAY BASH 3:00 BOARD GAMES 6:00 EVENING PUZZLES	10:00 MINI SPA DAY-hands & face only 1:30 CHAIR EXERCISE 2:00 POPCORN CART 3:00 ROOM VISITS 1:1	9:30 BINGO/ Winners entered for monthly drawing 1:00 CHAIR YOGA 1:30 PUFF & POLISH 3:00 HYDRATION/SNACK CART 6:00 EVENING CARD GAMES (resident led)
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